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August at Civic Health Alliance

As summer winds down and the midterms draw closer, we're heading into fall with growing momentum across the CHA community.

This month, we're spotlighting two leaders putting civic health into action, sharing a free learning resource, and inviting you to join us for **All In: A Civic Health Gathering for the Fall** on August 27.

Thank you for being part of the movement.

Champion Spotlight: Jamila Jabulani

We're excited to spotlight Lead Champion **Jamila Jabulani**, Senior Network and Membership Manager at the [California Black Health Network \(CBHN\)](#).

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Through CBHN, Jamila has been sharing civic and health-related resources with members, including the **Community-Led Change for Older Adults: A Toolkit for Community Organizing**. The toolkit provides practical guidance for bringing together older adults from historically marginalized communities to identify challenges, co-design solutions, and advance health equity.

She's also helping bring that work into in-person community spaces. On October 8, Jamila and CBHN are planning an in-person networking event featuring "**H.R. 1 + Your Health: Connecting the Dots**," a panel exploring voter education, public policy, and health equity.

Jamila's work reflects the ripple effect at the heart of [1,000 Caring Voices](#): giving trusted leaders practical resources they can carry into the communities they already know and serve.

Learn more about the California Black Health
Network: <https://youtu.be/VyDHu8vLuoA>

Ready to Start Your Champion Journey?

Stories like Jamila's are what **1,000 Caring Voices** is all about.

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students, patients, caregivers, and community members who want to help strengthen civic participation and community health.



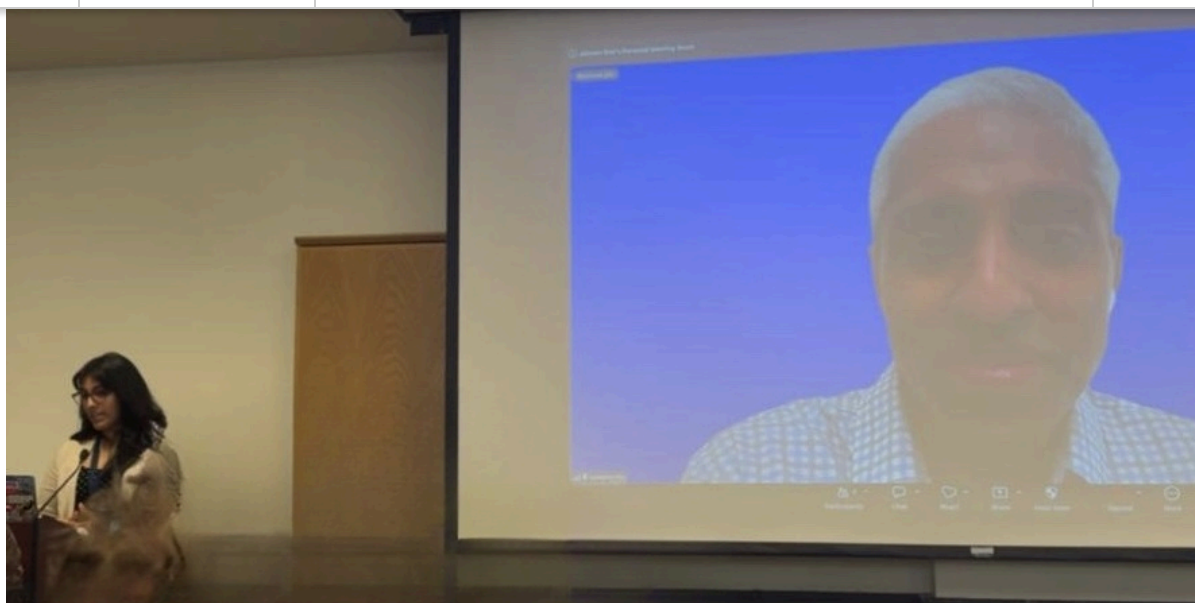
Champions begin with a short on-demand training, then choose an action that fits their own community. That might mean sharing trusted information, volunteering locally, organizing an event, starting a conversation, or building something new about an issue they care about.

From there, the Champion Journey can grow with you -- from taking a first action to helping others become involved and eventually leading efforts of your own.

Begin your Champion Journey: <https://www.civichealthall.com/1000-caring-voices>

Student Ambassador Spotlight: Sahana Mohindru

We're also excited to welcome **Sahana Mohindru**, a student at West Windsor-Plainsboro High School North, Class of 2028, as one of CHA's newest [Student Ambassadors](#).



Sahana is especially interested in health access, the digital determinants of health, and helping young people see health as a civic issue. That interest is already translating into action: at the **New Voters 250 Fellowship Summit** at the University of Maryland, Sahana asked former U.S. Surgeon General Dr. Vivek Murphy how healthy social media use can be integrated into social organizing.

As a CHA Student Ambassador, she hopes to develop a **youth-focused civic health initiative** through programming, research, organizing, or helping grow 1,000 Caring Voices.

Learn more about the Student Ambassadors

Program: <https://www.civichealthall.com/student-ambassadors>

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BillBoard is a free, volunteer-led civic learning projects that helps students and community members follow current bills in Congress, understand sponsors and legislative progress, read official bill text, and find their representatives before reaching out.

It offers an accessible starting point for anyone looking to better understand how federal policy moves from proposal to potential law.

Explore BillBoard: <https://mybillboard.org>

Join Us August 27: "All In" Webinar

Join **Civic Health Alliance** and the **1,000 Caring Voices community** for an inspiring end-of-summer gathering to recharge, reconnect, and get ready for fall.

We will hear from healthcare workers who have been doing the work all summer, learn about your rights as a clinician and community advocate, and explore how the **Rx Foundation** is helping advance civic engagement across the country.

We will also talk honestly about how to take care of yourself and stay grounded as we head toward November.

Thursday, August 27

6:00 PM ET | Virtual

Free and Open to All

Register: <https://qrco.de/bgurjg>

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All In:

A Civic Health Gathering for the Fall

A 1,000 Caring Voices Webinar

**Thursday, August 27, 2026****6:00 PM ET****Virtual****Free and Open to All**

Join Civic Health Alliance and the 1,000 Caring Voices community for an inspiring end-of-summer gathering to recharge, reconnect, and get ready for fall.

***** FEATURED SPEAKERS *****



Dawn M. Hunter, JD, MPH, CWP

Workplace Culture Strategist

Workplace culture strategist, keynote speaker, and founder of The Dawn Lab. Creator of the RESET Method and host of the podcast *Work Is Third*.



Blessitt S. Bryant

Communications Manager Rx Foundation

Communications strategist and health equity advocate at RX Foundation. Passionate about storytelling, community power, and advancing social change.



Munashe Mawire

1,000 Caring Voices Civic Health Champion

Zimbabwean civic activist and founder of the Independent Students Union and Varsity Social Hub. Leading the Digital Division to connect 100+ young people to technology and trust.



Leigh Wright

1,000 Caring Voices Civic Health Champion

Healthcare advocate and founder of the AdvocateCare™ Network (ACN). Building collaborative systems that strengthen healthcare, empower, and create innovative, transformative, and lasting social change.



CIVIC HEALTH ALLIANCE

Register here:

<https://qrco.de/bgurig>

Use the QR code to sign up.



Whether you're already a Champion or just getting to know 1,000 Caring Voices, we'd love to have you with us.

Register for "All In": <https://qrco.de/bgurjg>

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Every Champion needs the tools, training, and support to lead meaningful civic engagement in their community.

A gift of **\$100 helps train and support one local Champion**, bringing us closer to our goal of activating 1,000 Caring Voices and reaching 15,000 people across the country.

Every contribution—at any amount—helps keep this movement growing.

Donate to CHA: <https://www.civichealthall.com/#donate>

YOUR DONATION IS A HEALTH DECISION.

Democracy and health are inseparable. When communities can't access the ballot—because of systemic barriers, disenfranchisement, or a lack of trusted voices—their health suffers for it.

Civic Health Alliance is a small, volunteer-powered organization doing big work. In 2026, we're mobilizing 1,000 Caring Voices Champions: healthcare workers, educators, and community leaders to register voters, lead civic conversations, and make sure every eligible person can participate in the decisions that shape our health.

The 2026 midterms are months away. Congress is voting on the future of Medicaid, the Affordable Care Act, and maternal health funding. The window to act is now, and we need your support to keep this work going.

\$25 trains a Champion.

\$100 funds a community event.

\$500 supports a month of outreach.

Can't give a lot right now? A monthly gift of just \$10 keeps a Champion equipped and engaged all year long. Recurring gifts, no matter the size, are what allow us to plan, sustain, and grow this work through November 2026 and beyond.

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Thank you, as always, for being part of the CHA community. We look forward to hearing from you!

In solidarity,

The CHA Team



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